

Did you know?

When you sleep well, your entire body feels rejuvenated, even your immune system. Give your body and mind a time out and just chill. This wonderful combination supports your desire to do just that.*

Let's get fresh. Crack open a bottle and inhale. That's freshly milled organic herbs, blended perfectly and processed in small batches with love for optimum potency. **Here's to your health!**

Absolutely NO dairy, wheat, peanuts, soy, gluten or corn allergens.

CAUTION: Excessive consumption may impair ability to drive or operate heavy machinery. Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Sleep Better

better sleep*



90 VEGETARIAN CAPSULES



Suggested Use: As an herbal supplement, take two capsules one half-hour before bedtime or as directed by your healthcare professional. Do not exceed recommended dose.

Supplement Facts

Serving Size: 2 caps/Servings Per Container: 45

Amount Per Serving

Organic Skullcap tops (<i>Scutellaria latifolia</i>)	300 mg*
Organic Valerian root (<i>Valeriana officinalis</i>)	250 mg*
Organic Ashwagandha root (<i>Withania somnifera</i>)	100 mg*
Organic Passionflower tops (<i>Passiflora incarnata</i>)	100 mg*
Organic Hops strobiles (<i>Humulus lupulus</i>)	50 mg*

*Daily Value not established

Other Ingredients: Pullulan vegetarian capsules and nothing else.

Manufactured with love by Oregon's Wild Harvest
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Certified Organic by Oregon Tilth.



actual size

