

Directions for use: Prepare tea concentrate per the directions below. Before use, shake herbal tea concentrate to mix well. Boil 4 oz. of fresh spring water or distilled water. Add 4 fl. oz. of the previously prepared tea concentrate to water. Drink once daily on an empty stomach, preferably before bedtime. Drink warm or cold. **Note:** Do not use an aluminum or copper pot, strainers or utensils when preparing tea.

Preparation of half gallon* (64 fl.oz.) of tea concentrate:

- 1) Boil one-half gallon of water in a pan.
- 2) Add 2 oz. (one-half of the 4 oz. container) of Rene's tea, stir and cover.
- 3) Simmer for 10 minutes.
- 4) Remove from heat and stir. Cover and leave to infuse for 12 hours.
- 5) Stir, reheat until it almost boils and remove from heat—**DO NOT MICROWAVE.**
- 6) Strain through a fine mesh strainer. Funnel liquid into clean jars while hot. Tighten caps after cooling. **REFRIGERATE.** The concentrate will last for two weeks.

*This container makes a total of one gallon of liquid tea concentrate. For freshness, the instructions are written for a half gallon using 2 oz. of the herbal tea blend.

Absolutely NO dairy, wheat, peanuts, soy, gluten or corn allergens.

CAUTION: Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.



Rene's Tea

traditional "essiac" formula



4 ounces (113 grams)



Supplement Facts

Serving Size: 3.5g/Servings Per Container: 32

Amount Per Serving

Organic Burdock root (<i>Arctium lappa</i>)	2100 mg*
Organic Sheep Sorrel tops (<i>Rumex acetosella</i>)	1050 mg*
Organic Slippery Elm inner bark (<i>Ulmus fulva</i>)	262 mg*
Organic Chinese Rhubarb root (<i>Rheum sp.</i>)	88 mg*

*Daily Value not established

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