

Natrol® 5-HTP 100mg Time Release:

- Promotes a calm, relaxed mood and helps maintain a positive outlook†
- Helps reduce occasional anxiety†
- Enables production of Serotonin†
- 2-Layer Tablet—outer layer releases 5-HTP quickly to help you relax, followed by the controlled release of an inner layer to help you stay relaxed throughout the day†
- 100% Drug-free and non-habit forming

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, or are taking prescription drugs, including drugs for depression, migraines, Parkinson's disease or psychiatric disorders. Do not use with other supplements containing L-Tryptophan or 5-HTP. Do not use if you are pregnant, lactating or under the age of 18 years.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 5228.921 F: 3001864 L: 2008850-17137



NATROL®

5-HTP

MOOD & STRESS

Promotes a Calm & Relaxed Mood†

Helps Reduce Occasional Anxiety†

100% Drug-Free



TIME RELEASE

100mg

EXTRA STRENGTH



VEGETARIAN

45 TABLETS

DIETARY SUPPLEMENT

Directions: Take 1 tablet, up to two times daily, with food. Do not exceed recommended dose.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 45

Amount Per Serving	%DV
Calcium 32 mg (from Dibasic Calcium Phosphate)	2%
5-HTP (5-Hydroxytryptophan) 100 mg [from <i>Griffonia simplicifolia</i> (seed)]	*

*Daily Value (DV) not established.

Other Ingredients: Methylcellulose, Microcrystalline Cellulose, Hypromellose, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Glycerin.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives

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LOT/EXP: