- . Glucomannan helps you feel full to help support weight management* Helps support cholesterol levels already within the normal range.
- Helps support blood sugar levels already within the normal range[®] Magnesium helps the body metabolize carbohydrates, protein and fat¹

*Glucomannan consumption in the context of a restricted diet in calories may help support weight management.0 CAUTION: For adults only. Taking this product without enough liquid may

cause choking. Without drinking enough liquid the product may swell in the throat, causing blockage or choking. Avoid use if you've ever had esophageal narrowing or swallowing difficulties. People with known medical conditions, or who are pregnant or breastfeeding, should consult with a physician prior to taking supplements. Do not use if inner seal is broken or missing. Store tightly sealed in a cool, dry place at room

FOR REORDERS, contact your

temperature. Keep out of reach of children. Questions or comments:

diagnose, treat, cure or prevent any disease.



ARBONNE evolution.

Full Control

DIETARY SUPPLEMENT Net wt. 10.9 oz./309 g

DIRECTIONS: Mix 1 scoop (3.4 a) with 8 ft. oz. of water or other fluid. Stir vigorously until 1 totally dissolved and drink immediately within 2 minutes. Consume approximately 30 minutes before mealtime three (3) times daily. Do not take immediately before going to bed.

Supplement Facts

	Amount Per Serving	% Daily Value ¹
Calories	5	
Total Carbohydrate	2 g	0.6%
Dietary Fiber	1 g	4%
Magnesium (as magnesium citrate)	100 mg	25%
Sodium	35 mg	<2%
Glucomannan (Amorphophallus konjac) (root	powder 1000 mg	
Saffron (Crocus sativus) (flower) extract power	der 6 ma	

Percent Daily Values are based on a 2,000 calorie diel *Daily Value not established. OTHER INGREDIENTS: rice syrup solids, citric acid, natural flavors.

Distributed by Arbonne International, LLC





