

Did you know?

Rest and relaxation can help sore muscles recover more quickly. But sometimes minor aches keep you from getting a good night's rest. Muscle Relax is a lovely combination of whole organic herbs designed to help your body and your mind chill out. Cheers.*

Let's get fresh. Crack open the bottle. What you smell is fresh, whole, organic Valerian, Skullcap and Hops. Lovingly prepared in the Northwest for optimum potency. **Here's to your health!**

Absolutely NO dairy, wheat, peanuts, soy, gluten or corn allergens.

CAUTION: May impair ability to drive or operate heavy machinery. Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Muscle Relax

help your tired muscles chill out*



90 VEGETARIAN CAPSULES



Suggested Use: As an herbal supplement, take two capsules with or without food or as directed by your healthcare professional. Do not exceed recommended dose.

Supplement Facts

Serving Size: 2 caps/Servings Per Container: 45

Amount Per Serving

Proprietary Blend	720 mg*
Organic Valerian root (<i>Valeriana officinalis</i>)	
Organic Skullcap tops (<i>Scutellaria lateriflora</i>)	
Organic Hops (<i>Humulus lupulus</i>)	

*Daily Value not established

Other Ingredients: Pullulan vegetarian capsules and nothing else.

Manufactured with love by Oregon's Wild Harvest
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Certified Organic by Oregon Tilth.



actual size

