

Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silica.

Suggested use: : take one tablet with a meal for optimal absorption. Do not exceed two pills per day. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

Caution: if you are taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

This product is not intended to diagnose, treat, cure or prevent any disease



FR10000012



fruitful

HER

Woman's formulation

Dietary Supplement | **30** Soft Gels



Supplement Nutrition facts

Serving size 1 Tablet (1000 mg)

	Amount	% DV
Total Calories	0 calories	
Total Fat	0 mg	0
Saturated Fat	0 mg	0
Trans Fat	0 mg	0
Unsaturated Fat	0 mg	0
Monounsaturated Fat	0 mg	0
Polyunsaturated Fat	0 mg	0
Cholesterol	0.00 mg	0%*
Total Carbohydrate	0 mg	0%*
Protein	0 mg	0%*
Amount per serving		% DV
Vitamin A (Beta Carotene)	4000 IU	80%
Vitamin E (D-alpha-Tocopherol)	35 IU	116%
Iron (Ferrous Fumarate)	27 mg	150%
Folate (Folic acid)	400 mcg	100%
Vitamin D (Vitamin D-3)	600 IU	150%
Vitamin B6 (Pyridoxine Hydrochloride)	1.9 mg	95%
Vitamin B12	12 mcg	200%
Iodine (Potassium Iodide)	140 mcg	90%
Selenium (Yeast)	70 mcg	100%
Zinc (Zinc citrate)	15 mg	100%
N-Acetyl Cystein	50 mg	†

* Percent Daily Value are based on a 2,000 calorie diet. † Daily value not established