

Did you know?

Lemon Balm has been used to take the edge off since ancient Greek and Roman times. Yes, Mother Nature has the goods to help you relax and take some stress off your adrenals. Even the aroma is calming.*

Let's get fresh. Open the bottle and experience the calming effects of Lemon Balm. That's high quality, pure, organic Lemon Balm freshly milled and processed in small batches for optimum potency. **Here's to your health!**

Absolutely NO dairy, wheat, peanuts, soy, gluten or corn allergens.

CAUTION: Excessive consumption may impair ability to drive or operate heavy machinery. Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Lemon Balm

traditionally used
for relaxation*



90

VEGETARIAN
CAPSULES

GF

Suggested Use: As an herbal supplement, take three capsules daily or as directed by your healthcare professional. Do not exceed recommended dose.

Supplement Facts

Serving Size: 3 capsule/Servings Per Container: 30

Amount Per Serving

Organic Lemon Balm leaf (<i>Melissa officinalis</i>)	1125 mg*
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*Daily Value not established

Other Ingredients: Pullulan vegetarian capsules and nothing else.

Manufactured with love by Oregon's Wild Harvest
1601 NE Hemlock Ave, Redmond, OR 97756 USA
1-800-316-6869 • oregonswildharvest.com

Certified Organic by Oregon Tilth.



actual size

