

OLYMPIAN LABS

Lean & Healthy™

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SUGGESTED USE: Mix one (1) scoop (16.1 g) in 6 - 8 ounces of cold beverage of choice. Greens 8 in 1 with Protein can be taken once daily. As with any fiber rich drink, always follow each serving with a full glass of water. Settling may occur.



GREENS 8 IN 1 is a delicious, nutrient-rich, complete greens drink mix that combines a blend of 8 products into 1 convenient serving.

Enjoy the benefits of 8 products in 1:

1. Protein – maximize your absorption with plant based Organic Hypoallergenic Pea Protein Isolate and get the essential nutrients which support your optimal health. Protein also plays a key role in increasing strength and lean muscle mass, supporting a normal glucose metabolism & providing your body with energy it needs.**

2. Fiber – helps regulate the body's use of sugars, helping to keep hunger and blood sugar in check.**

3. Antioxidants – found in fruits and vegetables are your best defense against the damaging effects of free radicals on your cells. Antioxidants boost your overall health, brain health, immune system as well as provide anti-aging benefits & help to maintain healthy skin. We measure antioxidants with the Oxygen Radical Absorbance Capacity (ORAC) lab test.**

4. Whole Food Multivitamins & Minerals – support your overall health with the nutrients your body needs.**

5. Branched Chain Amino Acids (BCAA's) – are essential for assembling proteins in your body. They also aid in muscle growth and fat loss.**

6. Digestive Enzymes – promote optimal digestion for better absorption & greater bioavailability.**

7. Probiotics – are friendly bacteria that play an important role in digestion, restoring a healthy intestinal balance, proper metabolism, a healthy colon environment & overall health.**

8. Gentle Detoxification & Cleansing – provides amino acids & herbal detoxifiers that help maintain healthy blood & aid in the removal of destructive toxins, such as heavy metals & pollutants.**

GREENS 8 IN 1

PLANT
PROTEIN
8 G

FIBER
2 G

GREENS &
VEGGIES†
2.5 SERVINGS

ANTI
OXIDANTS†
1.5 SERVINGS

VEGAN

NON
GMO[^]

DAIRY
FREE

Blueberry
NATURALLY FLAVORED
& SWEETENED

OLYMPIAN LABS, INC.

28.4 OUNCES / 805 GRAMS • 50 SERVINGS PER CONTAINER • DIETARY SUPPLEMENT

Supplement Facts

Serving Size: One (1) Scoop (16.1 g)
Servings Per Container: 50

	Amount Per Serving	% DV [*]
Calories 44		
Calories from Fat 10		
Total Fat	1 g	2%
Total Carbohydrates	5 g	2%
Dietary Fiber	2 g	10%
Total Sugar	<2 g	†
Sugar Alcohols	<1 g	†
Protein	8 g	†
Vitamins C	52 mg	20%
Calcium	25 mg	2%
Iron	4 mg	25%
Sodium	110 mg	5%
Greens Blend	2,250 mg	†
Berley Grass, Chlorophyll Powder, Spirulina Powder		
Vegetable Blend	1,750 mg	†
Organic Carrot Powder, Tomato Fruit Powder, Beet Juice Powder, Parsley Leaf Powder, Cardamom Powder, Broccoli Powder, Organic Spinach Powder		

	Amount Per Serving	% DV [*]
High ORAC Blend	175 mg	†
Acorn Extract 8:1, Grape Seed Extract 95%, Pycnogenol 8:1, Blueberry Fruit Extract, Green Tea Extract, Bilberry Fruit Extract, Rose Bark Extract		
Probiotic Culture	500 mg	†
L. acidophilus, B. lactis, B. bifidus, L. helveticus, L. iners, L. casei, L. rhamnosus, L. plantarum, L. salivarius, L. fermentum		
Rice Bran	2250 mg	†
Rice Bran Powder, Fiberol 8™ (Corn Fiber)		
N-Acetyl-L-Cysteine	50 mg	†
Organic Pea Protein	7,250 mg	†
Omega-3 Blend	50 mg	†
Alpha & Beta Amylase, Glucoamylase, Protease 6, 8, 10, 10, Papain, Lactase, Cellulase, Hemicellulase, Lipase 3 & 10, Maltase, Saccharase (Bromelain)		
Tartaric Root Extract	100 mg	†
Aloe Vera Powder	50 mg	†

* Percent Daily Values (%DV) are based on a 2000 calorie diet.

† Daily Value Not Established.

OTHER INGREDIENTS: Sucrose (From NON-GMO cane or NON-GMO beet sugar), Natural Blueberry Flavor, Xylitol, Stevia Extract, NO: Milk, Eggs, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, or Soybeans.

SUGGESTED RECIPE:



One (1) scoop of Greens 8 in 1,
One Frozen Banana, Four
Frozen Strawberries, 8 oz.
purified water, Electric blend
for one minute.

VEGAN
ALLERGEN FREE
DAIRY FREE

NON GMO[^]
GLUTEN FREE

MADE IN USA • Manufactured for
Olympian Labs, Inc. • Phoenix, AZ 85027
1.800.473.5683 • www.OlympianLabs.com

REV 09.24.15



[^] Made with Non-GMO Ingredients

[†] Same as 2.5 servings of broccoli

[†] Same as 1.5 servings of blueberries

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.