

Did you know?

Kelp is chock-a-block full of nutrients including iodine, which is greatly appreciated in trace amounts by your thyroid. In fact, Kelp is one of the most nutrient-rich algae on the planet. And it's been used in Traditional Chinese Medicine for over 5,000 years to support strong thyroid function among other things.*

Let's get fresh. Crack open a bottle and inhale. That's organic Kelp responsibly harvested from clean Atlantic Ocean waters off the coast of Nova Scotia. Prepared with love for optimum potency. **Here's to your health!**

Does NOT contain dairy, wheat, peanuts, soy, gluten or corn allergens.

CAUTION: Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

R10



Kelp

natural source of iodine*



90 VEGETARIAN CAPSULES

GF

Suggested Use: As an herbal supplement, take one capsule daily with food or as directed by your healthcare professional. Do not exceed recommended dose.

Supplement Facts

Serving Size: 1 capsule/Servings Per Container: 90

Amount Per Serving		%DV
Iodine (from Kelp)	400 mcg	270%*
Organic Kelp thallus (<i>Ascophyllum nodosum</i>)	600 mg	+

* Daily Value not established

+ Daily Value based on a 2000 calorie a day diet

Other Ingredients: Pullulan vegetarian capsules and nothing else.

Manufactured with love by Oregon's Wild Harvest
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Certified Organic by Oregon Tilth.



actual size