

30% Increase in Muscle Strength*

WHEY PROTEIN + LEUCINE GROUP

CARB PLACEBO GROUP



*In a 6-week study of athletes performing an intense resistance exercise training regimen, researchers comparing 1 set resistance training + active or carbohydrate placebo to 3 sets resistance training, alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.

*When used in conjunction with an exercise program. As with any food product, use of this product alone will not lead to increased muscle mass or strength.

† Per 1 scoop serving.

*Inclusion of these enzymes resulted in a 12% greater protein breakdown as measured by the release profile of the amino acid leucine. These results represent the enzyme activity potential under simulated conditions. Effects in the human body have not been studied.

† Breaker® is a registered trademark of Bionov.

Antioxigen® and CarboGen® are registered trademarks of Synthes Nutrition, Inc.

CoreCollagen® is a registered trademark of National Enzyme Company, Inc.

Enzyme Matrix® is a GNC trademark.

Typical Amounts of Key Amino Acids Per 1 Scoop Serving to Support Optimal Muscle Growth and Development**

15g of BCAA	21g of Muscle Supporting Amino Acids	
LEUCINE	GLUTAMIC ACID & GLUTAMINE	TYROSINE
ISOLEUCINE	ASPARTIC ACID	CYTOSINE
VALINE	GLUTAMINE	GUANIDINE
2g of Creatine Building Blocks	TRYPHAN	HYDROXYMETHYL
PROLINE	ALANINE	
METHIONINE	GLUTAMINE	
GLYCINE	PHENYLALANINE	

CHOICE Products bearing this logo have been tested for banned substances by LSC Sciences, Inc., a world class anti-doping lab. *Product was tested 2 months prior to event. † See page 145 for banned substance list on the 2015 World Anti-Doping Agency website. ‡ Product is not an IOC- or WADA-approved product. #BANNED: See list for more information.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For more information:

1-800-450-5545

SHOP NOW @ GNC.COM

Distributed by:

Advanced Nutrition Corporation

Pittsburgh, PA 15222 USA



GNC
PRO PERFORMANCE®
AMP

AMPLIFIED WHEYBOLIC EXTREME 60™ POWER

- Formulated Exclusively with Whey Protein Isolate & Hydrolysates
- Fuels Power, Muscle Strength, Growth & Recovery**
- Clinically Studied Testosterone®, Proven to Deliver Testosterone Support†*

60G | **18G** | **3G** | **3G**
PROTEIN | BCAA | SUGAR | CREATINE

CLINICALLY RESEARCHED

FRENCH VANILLA

NATURAL + ARTIFICIAL FLAVORS



DIETARY SUPPLEMENT
Net Wt 43.9 oz (2.74 lb) 1245 g

CS06 306474

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WARNING: As a dietary supplement, consume 1-3 scoops of GNC Pro Performance® AMP Amplified WheyBolic Extreme 60™ Power in 4, 8 or 12 fl oz of cold water, respectively, before and/or after exercise. This product can also be consumed first thing in the morning and/or before bedtime. For extreme results, consume the full 3 scoop serving twice per day in conjunction with your exercise program.

Scoop Size	Protein	Power Complex	Benefit
1 scoop	21g	1.6g	Helps meet protein needs to help metabolism†
2 scoops	42g	3.2g	Fuels muscle & metabolism, supports recovery & muscle protein synthesis†
3 scoops	63g	4.8g	Increases strength by 30%, speeds muscle size, muscle protein synthesis†

Supplement Facts

Serving Size (Scoop Per Container)	1 Scoop (27.2 g)	2 Scoops (54.4 g)	3 Scoops (81.6 g)
Amount Per Serving	% Daily Value	% Daily Value	% Daily Value
Calories	90	180	270
Calories from Fat	0	0	0
Ingredients	35.5g 12%	71g 24%	106.5g 36%
Whey Protein Isolate	18g 36%	36g 72%	54g 108%
Hydrolyzed Whey Protein	2.0g 4%	4.0g 8%	6.0g 12%
Leucine	1.0g 2%	2.0g 4%	3.0g 6%
Isolate	20g 40%	40g 80%	60g 120%
Caloric	180 mg 18%	360 mg 36%	540 mg 54%
Sodium	110 mg 5%	220 mg 11%	330 mg 16%
Potassium	105 mg 4%	210 mg 10%	315 mg 15%
Power Complex			
Leucine	3.0g 6%	6.0g 12%	9.0g 18%
Whey Protein Isolate	1.0g 2%	2.0g 4%	3.0g 6%
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