

## Did you know?

The leaf on this plant has been helping people reduce their desire for sugar for over 2,000 years. Gymnema comes from the Ayurvedic Hindi name Gurmar, meaning "Destroyer of Sugar".\*

**Let's get fresh.** Crack open a bottle and inhale. That's freshly milled, organic Gymnema responsibly sourced and prepared with love for optimum potency. **Here's to your health!**

Absolutely NO dairy, wheat, peanuts, soy, gluten or corn allergens.

**CAUTION:** Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Gymnema

Hindi for  
"destroyer of sugar"\*



60 VEGETARIAN CAPSULES



**Suggested Use:** As an herbal supplement, take one capsule daily immediately before your main meal or as directed by your healthcare professional. Do not exceed recommended dose.

## Supplement Facts

Serving Size: 1 cap/Servings Per Container: 60

### Amount Per Serving

|                                                                                         |         |
|-----------------------------------------------------------------------------------------|---------|
| Gymnema leaf extract ( <i>Gymnema sylvestre</i> )<br>Standardized to 75% gymnemic acids | 150 mg* |
| Organic Gymnema leaf ( <i>Gymnema sylvestre</i> )                                       | 150 mg* |
| *Daily Value not established                                                            |         |

**Other Ingredients:** Pullulan vegetarian capsules and nothing else.

Manufactured with love by Oregon's Wild Harvest  
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actual size

