

Swanson®
**Condition
Specific**
Formulas

Vision Essentials

Dietary Supplement



60 veggie capsules

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE. • KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take two veggie capsules two times per day with food and water. Women who are pregnant or likely to become pregnant should not exceed recommended dosage.

Supplement Facts

Serving Size 2 Veggie Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate)	1,200 mcg RAE 133%
Vitamin A (as beta-carotene)	1,500 mcg RAE 167%
Vitamin C (as ascorbic acid)	750 mg 833%
Riboflavin (vitamin B-2)	25 mg 1,923%
Zinc [from zinc monomethionine (OptiZinc®)]	12.5 mg 114%
Selenium (from selenomethionine)	100 mcg 182%
Copper (from copper glycinate and gluconate)	1 mg 111%

Citrus Bioflavonoid Complex, 125 mg*; Quercetin (bioflavonoid), 125 mg*; Taurine, 100 mg*; Bilberry Extract (Vaccinium myrtillus) (fruit) (standardized to minimum 25% anthocyanins), 30 mg*; L-Glutathione, 12.5 mg*; Lutein [from marigold flower extract (Tagetes erecta)], 3 mg*; Zeaxanthin [from marigold flower extract (Tagetes erecta)], 150 mcg*

*Daily Value not established.

Other ingredients: Rice flour, hypromellose (vegetable capsule), calcium laurate, beta-carotene beads (modified food starch, corn starch, glucose syrup, sodium ascorbate, dl-alpha tocopherol), lutein beads (cellulose gum, starch, natural tocopherols, sucrose, ascorbyl palmitate, sodium ascorbate, talc), silica, maltodextrin.

Contains soy.

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