

Swanson® Condition Specific

Formulas

Prostate Essentials Plus

Dietary Supplement



180 veggie capsules

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one veggie capsule two times per day with water.

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving	% Daily Value
Zinc (from zinc picolinate)	15 mg 136%
Selenium (from Selenium SeLECT® L-selenomethionine)	50 mcg 91%
Stinging Nettles 4:1 Concentrate (Urtica dioica) (leaf)	120 mg *
Saw Palmetto Berry Extract (Serenoa repens) [standardized to 45% fatty acids (40 mg)]	90 mg *
Korean Ginseng Root (Panax ginseng)	50 mg *
Pygeum africanum Bark Extract [standardized to 3% phytosterols (1.5 mg)]	50 mg *
Pumpkin Seed (Cucurbita pepo)	40 mg *
Glycine	25 mg *
L-Alanine	25 mg *
L-Glutamic Acid	25 mg *
Beta-Sitosterol	20 mg *
Lycopene (from tomato fruit)	2.5 mg *

*Daily Value not established.

Other ingredients: Vegetable capsule (hypromellose, sodium copper chlorophyllin), lycopene beads (gelatin, sucrose, modified cornstarch, ascorbyl palmitate, mixed tocopherols), silica, rice bran, L-leucine, maltodextrin.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

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or visit our website at www.swansonvitamins.com



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