

Swanson® EFAs

SUPERIOR ESSENTIAL FATTY ACIDS

Made with Organic
Coco Hemp
Coconut Oil +
Hemp Seed Oil
Dietary Supplement
60 softgels



• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE: As a dietary supplement, take one softgel one to three times per day with water.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	1%
Saturated Fat	1 g	5%
Trans Fat	0 g	
Organic Coconut Oil (fruit)	500 mg	*
Organic Hemp Seed Oil	500 mg	*

Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.
Contains tree nuts (coconuts).

MADE IN CANADA
DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**
Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



Certified Organic by Minnesota Crop Improvement Association (MCIA),
St. Paul, MN 55108



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