

STORAGE: Store at 20°C to 25°C (68°F to 77°F), excursions permitted between 15°C and 30°C (between 59°F and 86°F). Brief exposure to temperatures up to 40°C (104°F) may be tolerated provided the mean kinetic temperature does not exceed 25°C (77°F); however, such exposure should be minimized.

NOTICE: Contact with moisture can discolor or erode the soft gel.

HOW SUPPLIED: Bottles of 30 soft gels each - NDC 00178-0896-30.

To report a serious adverse event or obtain product information, call (800) 298-1087.

Please consult your health care provider with any dietary concerns.

citr natal.com



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U.S. Patent No. 6,521,247



CitraNatal Medley contains
life'sDHA®, a trademark of DSM.

CitraNatal Medley soft gels
are MADE IN CANADA for:
MISSION PHARMACAL COMPANY
San Antonio, TX USA 78230 1355



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DESCRIPTION: CitraNatal Medley™ is a prescription prenatal/postnatal multi-vitamin/mineral soft gel with Ferr-Ease®, a patented dual-iron delivery comprising both a quick release and slow release iron, and DHA, an essential fatty acid. The prenatal vitamin is an oval, purple, opaque soft gel containing a greenish-gray liquid to semi-solid fill. The prenatal soft gel is printed "596" in white ink.

Each prenatal soft gel contains:

Vitamin D ₃ (cholecalciferol)	200 IU
Vitamin E (dl-alpha tocopheryl acetate) ...	15 IU
Vitamin B ₆ (pyridoxine HCl)	12.5 mg
Folic Acid	1 mg
Calcium (calcium citrate)	62 mg
Iron (carbonyl iron, ferrous fumarate)	27 mg

Docosahexaenoic Acid (DHA,
53% from 377 mg algal oil)..... 200 mg

Inactive Ingredients: Gelatin, glycerin, lecithin, titanium dioxide, ethyl vanillin, D&C Red #33, butylated hydroxytoluene (BHT), FD&C Blue #1, and white ink.

INDICATIONS: CitraNatal Medley is a multi-vitamin/mineral prescription drug indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and nonlactating mothers.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

NDC 00178-0896-30

Rx Only



CitraNatal MEDLEY
Rx Prenatal Soft Gel



30 Soft Gels



WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those known to have an inherited or acquired bleeding diathesis.

WARNING: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B₁₂ is deficient.
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anemia and other megaloblastic anemias where vitamin B₁₂ is deficient.

PRECAUTIONS: Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

CAUTION: Exercise caution to ensure that the prescribed dosage of DHA does not exceed 1 gram (1000 mg) per day.

DOSAGE AND ADMINISTRATION: One prenatal soft gel daily or as directed by a physician.