

Swanson® EFAs

SUPERIOR ESSENTIAL FATTY ACIDS

ΩMEGA TRU®
**Evening
Primrose Oil**
Dietary Supplement
100 softgels • 1,300 mg



• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE: As a dietary supplement, take one softgel one to two times per day with food and water.

WARNING: Consult your healthcare provider before use if you are pregnant, nursing or taking any prescription medications.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Calories	15	
Total Fat	1.5 g	2%
Evening Primrose Oil (typically providing 8–10% gamma-linolenic acid—GLA)	1.3 g	*

Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

MADE IN CANADA
DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**
Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



OmegaTru® is a registered trademark of Swanson Health Products.
Solvent free.

