

Swanson® EFAs

SUPERIOR ESSENTIAL FATTY ACIDS

ΩMEGATRU®
**Evening
Primrose Oil**
Dietary Supplement
250 softgels • 500 mg



• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE:

As a dietary supplement, take two softgels two to three times per day with food and water.

WARNING: Consult your healthcare provider before use if you are pregnant, nursing or taking any prescription medications.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 125

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	1%
Evening Primrose Oil (typically providing 8–10% gamma-linolenic acid—GLA)	1 g	*

Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

MADE IN CANADA

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