



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Zinc (Gluconate)

Mineral Supplement

250 tablets • 30 mg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one tablet per day with food and water. Taking zinc on an empty stomach may cause stomach upset in some people.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Zinc (from zinc gluconate) 30 mg	273%

Other ingredients: Microcrystalline cellulose (plant fiber), stearic acid, magnesium stearate.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**
Fargo, ND 58104 USA

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2