

Swanson®

GreenFoods

Formulas

Phytonutrient-Rich
Green Foods

Fruit4Life

Dietary Supplement

with 13 nutritious fruits



300 tablets

Swanson

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take two tablets two to three times per day with food and water.

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 150

Amount Per Serving

Apple Fruit Powder (Malus domestica)	80 mg*
Apricot Fruit Powder (Prunus armeniaca)	80 mg*
Cherry Fruit Powder (Prunus cerasus)	80 mg*
Lemon Peel Powder (Citrus limon)	80 mg*
Orange Peel Powder (Citrus sinensis)	80 mg*
Papaya Fruit Powder (Carica papaya)	80 mg*
Peach Fruit Powder (Prunus persica)	80 mg*
Strawberry Fruit Powder (Fragaria virginiana)	80 mg*
Freeze-Dried Grape Juice Powder (Vitis vinifera)	50 mg*
Freeze-Dried Crushed Orange Powder (Citrus sinensis)	50 mg*
Freeze-Dried Pineapple Fruit Powder (Ananas comosus)	50 mg*
Prune Fruit Powder (Prunus domestica)	40 mg*
Cranberry Juice Concentrate (Vaccinium macrocarpon Aiton)	20 mg*

*Daily Value not established.

Other ingredients: Maltodextrin, stearic acid, croscarmellose sodium, rice flour, hydroxypropyl methylcellulose, calcium palmitate, cornstarch, microcrystalline cellulose (plant fiber), aqueous film coating, cane sugar, lecithin (sunflower), silica, magnesium hydroxide, tricalcium phosphate.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS** • Fargo, ND 58104 USA
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