

Did you know?

Our Black Cohosh comes from whole dried root which provides a broad spectrum of activity, allowing for balanced and supportive relief of the symptoms related to menopause. And that's a beautiful thing.*

Let's get fresh. Go ahead, crack open the bottle. That's whole organic Black Cohosh root you smell. Grown organically and freshly milled in small batches with love for optimum potency. **Here's to your health!**

Absolutely NO dairy, wheat, peanuts, soy, gluten or corn allergens.

CAUTION: Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Black Cohosh

support for
menopausal symptoms*

a natural source of
triterpene glycosides



90 VEGETARIAN
CAPSULES

GF

Suggested Use: As an herbal supplement, take one capsule one to two times daily with food or as directed by your healthcare professional. Check with your healthcare professional if taking this product continuously for longer than six months. Do not exceed recommended dose.

Supplement Facts

Serving Size: 1 cap/Servings Per Container: 90

Amount Per Serving

Organic Black Cohosh root (<i>Cimicifuga racemosa</i>)	300 mg*
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*Daily Value not established

Other Ingredients: Organic brown rice flour, pullulan vegetarian capsules and nothing else.
Capsules are filled by weight, not by volume.

Manufactured with love by Oregon's Wild Harvest
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Certified Organic by Oregon Tilth.



actual size

