

People who experience occasional sleeplessness generally fall into three camps: those who have trouble falling asleep, those who have difficulty sleeping through the night, and those who wake earlier than desired.

Multiple human studies have shown that melatonin — a hormone that helps regulate the sleep-wake cycle — can reduce the time it takes to fall asleep.* However, because regular melatonin leaves the system within four hours, it does not help those who wake during the night or early in the morning.

Melatonin-SR™ is the answer! It features MicroActive® Melatonin, which is made with a special sustained release matrix that releases melatonin slowly over 7 hours, helping you fall asleep, stay asleep, and wake up refreshed.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



QUALITY OF LIFE®

SLEEP
SUPPORT*

Melatonin-SR™

7-hour sustained release

Gradual release into the bloodstream
Helps you fall asleep quickly*
Helps you stay asleep until dawn*

30 VEGICAPS | DIETARY SUPPLEMENT



SUGGESTED USE: 1 vegicap before bed.

Supplement Facts

Serving Size: 1 vegicap
Servings Per Container: 30

Amount Per Serving	% Daily Value
Melatonin as MicroActive® Melatonin	5 mg †

† Daily value not established.

Other ingredients: vegetable cellulose, L-leucine, carnauba wax, sodium alginate.

MicroActive® is a registered trademark of BioActives, LLC.

WARNING: DO NOT USE IF SEAL IS BROKEN OR MISSING.
Keep out of reach of children. Store at room temperature. Consult your healthcare professional before use if you are pregnant or lactating, have or had a medical condition, or are taking prescription drugs.

This product is suitable for vegetarians and gluten-free.

Manufactured for:
QOL Labs, LLC
Purchase, NY 10577
(914) 251-0981
www.QOL.us

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