



BUILD | MAXIMUM MUSCLE

Looking for a genuinely natural, top-quality whey protein—without any soy or artificial ingredients? Look no further. Everyone knows that to build muscle and maintain muscle integrity and strength, protein is the foundation.* **Build** takes the concept of a protein shake to the next level, with the finest muscle food on the market. **Build** is composed of pure whey protein from rBGH-free milk, natural flavors, sunflower lecithin, and sweetened with stevia and all-natural Whey Low®, along with raw organic sprouts, protein-digesting enzymes, and our own organic Wild Microalgae®, each serving of **Build** delivers 22 grams of the highest-quality protein in a healthy, delicious powder mix.

- ▶ **WHEY PROTEIN FROM rBGH-FREE MILK**
- ▶ **ALL NATURAL, NO ARTIFICIAL SWEETENERS OR PRESERVATIVES**
- ▶ **22 GRAMS OF PROTEIN PER SERVING**
- ▶ **NO FILLERS, SOY-FREE**

SUGGESTED USE: Drink within 30 minutes post exercise for faster muscle recovery.*

Keep in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



DIRECTIONS: Mix one scoop (36g) with 6-8oz of water, milk or favorite beverage, shake well and enjoy. You can vary the amount of liquid depending on the consistency you prefer.

Supplement Facts

Serving Size: 1 Scoop (36 grams)
Servings Per Container : 30

	Amount per Serving	% Daily Value
Calories	145	
Calories from Fat	15	
Total Fat	2 g	3%*
Saturated Fat	0.5 g	3%*
Cholesterol	0 mg	0%
Total Carbohydrate	10 g	3%*
Dietary Fiber	<1 g	2%*
Sugars	3 g	†
Protein	22 g	44%*
Calcium	110 mg	11%
Iron	0.4 mg	2%
Sodium	55 mg	2%

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Ingredients: whey protein isolate, sunflower lecithin, natural sugar blend derived from whey, natural vanilla flavor, organic wheat sprouts, erythritol, enzyme blend, organic microalgae (*Aph. flos-aquae*), stevia leaf extract.

CONTAINS MILK AND WHEAT

Produced exclusively by
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PLEASE RECYCLE