

LifeCORE Complete is the perfect complement
for achieving proper daily nutrition.



RATIO

Reinforces the preferred
ratio of Protein,
Carbohydrate and Fat.



DIVERSE

Broad base of diverse,
hypoallergenic plant
protein.



BALANCED

Balanced intake of healthy
oils—with Flaxseed and
Olive oil.

SUGGESTED USE: Mix 1-2 scoops (23.5-47 grams) of LifeCORE Complete with 8 ounces of water or the beverage of your choice, once daily or as recommended by your health care professional.

Formulated to be free of allergens derived from: Gluten, yeast, artificial colors and flavors. If you are pregnant or nursing, consult your physician before taking this product. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Cease taking this product and consult your physician if you have negative reactions upon ingestion. **CAUTION:** This product contains a desiccant. For best results, keep the desiccant in the bottle until all contents are consumed. **DO NOT EAT DESICCANT. KEEP CONTAINER TIGHTLY CLOSED. STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN.** This product was sealed for your protection. Do not use if outer logged neck seal or inner-seal is missing or damaged.

**Professional Strength
Not for sale through Amazon.com**

Product #029001
Label ID L-CMP100-029001-01



**DO NOT ACCEPT IF LABEL
SHOWS SIGNS OF TAMPERING**



LifeCORE COMPLETE

RICH DARK CHOCOLATE



Dietary Supplement Net Wt. 658 Grams (23.2 Oz)

Supplement Facts[™]

Serving Size: 2 Scoops (47 Grams)
Servings Per Container: 14

2 scoops contain	Amount Per Serving	% Daily Value
Calories	210	
Total Fat	7 g	9%*
Saturated Fat	2 g	10%*
Total Carbohydrate	12 g	4%*
Dietary Fiber	4 g	14%*
Total Sugars	3 g	**
Includes 3 g Added Sugars		6%*
Protein	20 g	40%*
Vitamin C (As Ascorbyl Palmitate)	215 mg	239%
Calcium	45 mg	3%
Iron	5 mg	28%
Sodium	250 mg	10%
Potassium	200 mg	4%
Proprietary Blend	23 g	
Pea Protein		**
Rice Protein (ORYZAPRO)		**
Flaxseed Flour (Organic)	4.5 g	**
Virgin Olive Oil	2 g	**
Larch Arabinogalactan (FiberAid [™])	1 g	**
Alpha Linolenic Acid (from Organic Flaxseed Flour)	900 mg	**
L-Carnitine L-Tartrate	900 mg	**
Medium Chain Triglycerides	900 mg	**
Taurine	900 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established

No Dairy • No Soy
No Fructose
Gluten Free
Hypoallergenic
Easily Digestible
Non-GMO Protein
Combination of Plant
Proteins for Greater
Nutrient Diversity

Other Ingredients: Natural Flavors, Cocoa
(Organic), Whole Grain Brown Rice
Sweetener (Organic Oryza[™]), Silicon
Dioxide, Salt, Guar Gum, Gum Arabic, and
Polydextrose A.

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Organic Oryza[™] Whole Grain Brown Rice
Sweetener is a trademark of Axiom Foods.
FiberAid[™] is a trademark of Lanza Inc.