



Chromium Picolinate

Mineral Supplement

60 capsules • 200 mcg

SWANSON®
BEST WEIGHT-CONTROL
FORMULAS

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule per day with food and water.

WARNING: Because chromium may enhance insulin sensitivity and affect glucose levels, diabetics and hypoglycemics should consult their healthcare provider before using this product.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Chromium 200 mcg	571%
(from Chromax® chromium picolinate)	

Other ingredients: Calcium carbonate, gelatin, may contain one or both of the following: magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
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