

Swanson®
**SUPERIOR
HERBS**

Ginger Root

Standardized
Herbal Supplement



120 capsules • 250 mg

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule
two times per day with water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Ginger Root Extract	250 mg*
(5% gingerols & shogaols)	
Ginger Root	250 mg*

*Daily Value not established.

Other ingredients: Gelatin, may contain one or
more of the following: microcrystalline cellulose
(plant fiber), magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



0 87614 14025

4

SWH025