



Full Spectrum®
**Lemon Balm,
Passion Flower,
Skullcap Complex**
Relaxation Formula
Herbal Supplement

180 capsules



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule per day with water.

WARNING: Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking any prescription medication.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Lemon Balm (<i>Melissa officinalis</i>) (leaves)	200 mg*
Passionflower (<i>Passiflora incarnata</i>) (aerial parts)	200 mg*
Skullcap (<i>Scutellaria lateriflora</i>) (aerial parts)	200 mg*

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), magnesium stearate, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**
or visit our website at www.swansonvitamins.com



SW1712