



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Berberine Complex

with Cinnamon,
Gymnema &
Fenugreek
Herbal Supplement



90 veggie capsules

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one veggie capsule three times per day with food and water.

WARNING: Do not take this product if you are pregnant or nursing. Not intended for use by children. Consult your healthcare provider before use if you have a medical condition, especially hypoglycemia or diabetes, or are taking prescription medications, especially medications that affect blood sugar levels.

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving	
Berberine HCl (from Berberis aristata root)	150 mg*
Ceylon Cinnamon (Cinnamomum verum) (inner bark)	150 mg*
Fenugreek Seed (Trigonella foenum-graecum)	150 mg*
Gymnema sylvestre Leaf	150 mg*
*Daily Value not established.	

Other ingredients: Hypromellose (vegetable capsule), rice bran, magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



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