

Eating a high-carb diet puts you at risk for being overweight. Why? Simple carbs — like bread, pasta, and potatoes — are burned for energy, but in excess they're stored as fat.

Now you can eat starchy carbs in moderation without ruining your diet — with **Carboquel™**, which:

- **Reduces calories from starchy carbs**, with Phase 2®.* This all-natural, nonstimulant extract of white beans blocks carbohydrates from starches from being broken down and absorbed by your body, reducing their caloric impact.*
- **Supports blood sugar balance**, with ChromeMate® — the most biologically active form of chromium.* ChromeMate helps maintain blood sugar levels already within a healthy range, helping curb carbohydrate cravings.*
- **May assist in weight control**. When combined with a sensible diet and exercise, Carboquel supports your weight management efforts.*
- **Contains 1500 mg of Phase 2 per serving** — 50% more than a typical dosage.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



QUALITY OF LIFE®

WEIGHT
MANAGEMENT*

Carboquel™

with Phase 2® & ChromeMate®

Reduces calories from starchy carbs*
May assist in weight control*
Supports blood sugar balance*

60 TABLETS | DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 2 tablets

Servings Per Container: 30

Amount Per Serving	% Daily Value	
Chromium (as chromium polynicotinate) (ChromeMate®)	400 mcg	333%
White kidney bean extract (<i>Phaseolus vulgaris</i>) (Phase 2®)	1500 mg	†

† Daily value not established.

Other ingredients: croscarmellose sodium, L-leucine, vegetable cellulose, silica, glycerine, gum arabic, niacin, xylitol, sodium, chloride.

SUGGESTED USE: 2 tablets before a starch-containing meal, up to twice daily.

Phase 2® is a trademarked material of Pharmachem Laboratories Inc. ChromeMate®, a patented, biologically active, oxygen-coordinated niacin-bound chromium complex, is a trademark of InterHealth Nutraceuticals Inc., U.S. patents No. 4,923,855; 4,954,492; 5,194,615.

WARNING: DO NOT USE IF SEAL IS BROKEN OR MISSING.
Keep out of reach of children. Store at room temperature. Consult your healthcare professional before use if you are pregnant or lactating, have or had a medical condition, or are taking prescription drugs.

This product is suitable for vegetarians and gluten-free.



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LOT / EXP: