## Helps Reduce the Risk of Osteoporosis

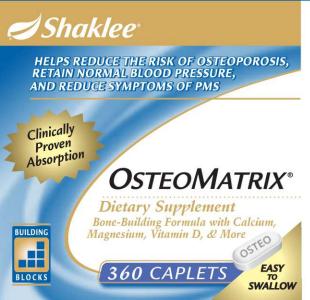
OsteoMatrix dietary supplement is a unique bone health formula that helps build bone density in the young and minimize bone loss as you age. Along with regular exercise and a healthy diet, adequate calcium and vitamin D intake throughout life may reduce the risk of osteoporosis. It also helps retain normal blood pressure and reduce symptoms of PMS. The small, coated caplets are easy to swallow.

## More than Just Calcium

Bone health is associated with optimum intake of not just calcium, but a host of other critical nutrients, including magnesium, and vitamins D and K. OsteoMatrix provides a unique matrix of critical nutrients needed in combination with calcium to build and maintain strong bones.

Gluten free. No artificial flavors, sweeteners, or preservatives added. Contains vitamin K.

Bottle has printed seal under cap for your protection.



**DIRECTIONS:** Take 4 caplets daily, preferably with food.

## Supplement Facts

Serving Size: 4 Caplets Servings Per Container: 90

	Amount Per Serving	% DV**
Total Carbohydrate	<1 g	<1%**
Vitamin D <sub>3</sub> (as cholecalciferol)	600 IU	150%
Vitamin K (as phytonadione)	40 mcg	50%
Calcium (as calcium carbonate, calcium citrate, and calcium citrate malat	1,000 mg	100%
Magnesium (as magnesium oxide, magnesium citrate, and magnesium gluce	400 mg onate)	100%
Zinc (as zinc gluconate)	1.5 mg	10%
Copper (as copper gluconate)	0.2 mg	10%
Manganese (as manganese gluconate)	0.2 mg	10%
Sodium	10 mg	<1%

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

SODIUM, HYDROXYPROPYL METHYLCELLULOSE, MODIFIED FOOD STARCH, HYDROXYLATED SOY LECITHIN, CARNAUBA WAX.

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