



SWANSON[®]
PREMIUM BRAND

bringing wellness to the world since 1969

Full Spectrum[®]

**True
Cinnamon**
(from Ceylon)

Cinnamomum verum
Herbal Supplement

90 capsules • 600 mg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule three times per day with meals.

WARNING: Do not take this product if you are pregnant or nursing.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Ceylon Cinnamon
(Cinnamomum verum) (bark)

600 mg*

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), magnesium stearate, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**

or visit our website at www.swansonvitamins.com



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