- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:
As a dietary supplement, take one capsule one to two times per day on an empty stomach before meals.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Turmeric (Curcuma longa) (root)	300 mg*
Bromelain (2,400 GDU/gram; 360 GDU/capsule)	150 mg*

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), may contain one or both of the following: magnesium stearate, silica.

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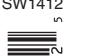
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