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SUGGESTED USE
SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 5 times per day. Best taken between meals.
Caution: Seek expert medical advice before taking during pregnancy.
Keep Out of the Reach of Children
Store away from heat & light

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CALM BREATHING™

RESPIRATORY SYSTEM*

Formerly *Calm Breath*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Calm Breathing™

*Traditional Support for Calm & Clear Breathing**

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
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Proprietary extract blend: 630 mg	†
Khella seed (<i>Ammi visnaga</i>)	⊕
Skunk Cabbage rhizome with root (<i>Symplocarpus foetidus</i>)	⊕
Grindella leaf & flower (<i>Grindelia integrifolia</i>)	⊕
⊕ Turmeric rhizome (<i>Curcuma longa</i>)	⊕
Thyme leaf & flower (<i>Thymus vulgaris</i>)	⊕

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (60-70%) & distilled water. **Non-GMO & Gluten-Free**
⊕ Certified Organic ⊕ Sustainably Wildcrafted
⊕ Fresh (undried) ⊕ Extraction rate 84 mg fresh herb & 149 mg dry herb per 0.7 ml.

HERB PHARM • WILLIAMS, OR 97544
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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.