

PRODUCT #01059

DIRECTIONS FOR USE: Take the contents of one packet with each meal (3 packets daily). Follow this schedule for 7 days. Throughout the time you are using **Michael's® 1 Week Flush™** program, drink plenty of water (plain tap, distilled is best). A glass or more daily. It is also helpful to increase your consumption of fibrous fruits and vegetables while decreasing consumption of processed foods, meat and dairy products.

See enclosed insert for more information.

Our products contain organically grown herbs, when available.

Double-sealed for your protection. Do not use if outer seal is broken or missing.

CAUTION: Contains phenylalanine and should be avoided by phenylketonurics and women who are pregnant or lactating.

***ChromaMax® and OptiZinc® are Trademarks of InterHealth Nutraceuticals, Inc.

***Gugulipid® is a Trademark of Salmea Corp.

Consumer Information Services/Voice Mail: 800-845-2750 michael@health.com

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

Certified by Rabbi Alan Silver, M.D.
Orthodox Jewish Council

Made in the U.S.A. Family owned and operated.

Supplement Your Body's Cleansing Processes

The body carries out its own spontaneous cleansing processes on a daily basis, working to eliminate toxins that we breathe, ingest or absorb from the environment as well as the toxins that form internally as by-products of natural processes such as breathing and digestion. The nutrients and herbs contained in **Michael's® 1 Week Flush™** support detoxification and cleansing of the:

- Bloodstream and circulatory system*
- Intestinal tract system*
- Hepatic system (the liver)*

Also: • Supports fat metabolism and fluid balancing*

*An easy-to-use, comprehensive
detoxification & cleansing program*

michael's®
naturopathic programs
HEALTHCARE SOLUTIONS SINCE 1984

convenient &
easy-to-use
packets

1 week flush™

superior to herbal flushes
no harsh laxatives

1 week program

3 packets daily

[21 individual 4-tablet packets (84 tablets)]

vegan & kosher dietary supplements

tried & truthful



Supplement Facts

Serving Size: Three (3) Packets Daily
Servings Per Container: 7

Amount Per Serving	Liver wellness***		Blood detoxification factors***		Fat metabolism factors***		Fiber & more**	
	% Daily Value		% Daily Value		% Daily Value		% Daily Value	
Dietary Fiber							1.24 g	5%*
Water A (as Beta Carotene)	450 mcg	50%						
Vitamin E (as d-alpha Tocopheryl Succinate)	100 mcg	90%						
Thiamin (as Thiamin Hydrochloride)	30 mg	2500%						
Niacin (as Nicotinic Acid)	30 mg	188%						Herbal ingredients can be found in the proprietary blend.
Vitamin B6 (as Pyridoxine Hydrochloride)					100 mcg	5800%		
Vitamin B12 (as Cyanocobalamin)	300 mcg	12,500%						
Pantothenic Acid (as D-Calcium Pantothenate)	30 mg	600%						
Choline (as Choline Bitartrate)	200 mg	90%			200 mg	90%		
Iron (as Iron Amino Acid Chelate†)			2 mg	11%				
Iodine (from Kelp)					225 mcg	150%		
Zinc (as Zinc Monomethionine***)			2 mg	40%				
Manganese (as Manganese Amino Acid Chelate)			5 mg	261%				
Chromium (as Chromium Polynicotinate**)					200 mcg	571%		
Molybdenum (as Molybdenum Amino Acid Chelate†)			600 mcg	1200%				
Potassium (as Potassium Amino Acid Chelate)					99 mg	2%		

Liver wellness***		Blood detoxification factors***		Fat metabolism factors***		Fiber & more**	
Proprietary Blend 1.73 g (1715 mg)**		Proprietary Blend 1.8 g (1800 mg)**		Proprietary Blend 1 g (1000 mg)**		Proprietary Blend 2.05 g (2048 mg)**	
Dandelion Root (Taraxacum officinale), Lecithin (from Sunflower), Inositol, Milk Thistle Seed Extract (Silybum marianum) (80% Silymarin), L-Threonine and Butternut Root Bark†† (Ligularia cirrosa)		Echinacea angustifolia Root, Red Clover Flower (Trifolium pratense) and Dandelion Root (Taraxacum officinale)		Lecithin (from Sunflower), Inositol, Guggul Gum††††† (from Commiphora wightii) (2.5% Guggulsterones) and L-Phenylalanine		Rice Bran (Oryza sativa), Flax Seed (Linum usitatissimum), Psyllium Seed Husk (Plantago psyllium), Apple Fruit, Garlic Odor Extract (Allium sativum), Pumpkin Seed (Cucurbita pepo), Butternut Root Bark†† (Ligularia cirrosa), Dandelion Root (Taraxacum officinale), Marshmallow Root (Althaea officinalis) and Olive Leaf (Olea europaea oleaster)	

*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Clear Coating (Hydroxypropyl Methylcellulose).

†Contains soy. ††Contains tree nut.

MANUFACTURED FOR
MICHAEL'S NATUROPATHIC PROGRAMS
6003 RANDOLPH BLVD
SAN ANTONIO, TEXAS 78203
A Division of Inner Health Group, Inc.

PRODUCT BEST IF USED WITHIN
3 YEARS OF MFG DATE
(DATE OF MANUFACTURE)
MFG DATE: 01/2017
LOT: 1612180

*These statements have not
been evaluated by the Food
and Drug Administration.
These products are not
intended to diagnose, treat,
cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a physician or Poison Control Center immediately. This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

- Helps cleanse the bowel*
- May help decrease appetite*
- Aids digestion*