



**SWANSON**  
PREMIUM BRAND  
*bringing wellness to the world since 1969*

**Milk Thistle,  
Dandelion &  
Yellow Dock  
Herbal Liver Purifier**  
Herbal Supplement

120 capsules



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.  
• KEEP OUT OF REACH OF CHILDREN.

**SUGGESTED USE:** As a dietary supplement, take two capsules two times per day with water.

**WARNING:** Do not take this product if you are pregnant, nursing, have or have had kidney stones or have an obstruction of the bowels or bile ducts. Consult your healthcare provider before use if you are taking any prescription medications or have gallbladder problems.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 60

| Amount Per Serving                             |         |
|------------------------------------------------|---------|
| Milk Thistle Seed ( <i>Silybum marianum</i> )  | 700 mg* |
| Dandelion Root ( <i>Taraxacum officinale</i> ) | 250 mg* |
| Yellow Dock Root ( <i>Rumex crispus</i> )      | 250 mg* |
| Beet Root ( <i>Beta vulgaris</i> )             | 100 mg* |

\*Daily Value not established.

Other ingredients: Gelatin, calcium palmitate, silica, rice flour.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

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