

STRAWBERRY
NATURALLY AND ARTIFICIALLY FLAVORED



RECOMMENDED USE:

For Post-Workout Recovery: Begin drinking 1 PURE PRO® 50 Shake immediately upon completing your workout.

PROTEIN WEIGHS heavily in everyone's workout recovery strategy. This is the shake for those who don't want to come up short. Whether your goal is to dominate the field or up your bench, 50 grams of milk and whey protein has a lot to offer. That's A.B.B. making greatness greater.

SUGGESTED USE: For healthy adults, consume enough protein to meet your daily protein requirements with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

SHAKE WELL BEFORE USE.
STORE IN A COOL, DRY PLACE.
REFRIGERATE AFTER OPENING.
TAMPER EVIDENT - PURCHASE ONLY IF SEAL IS INTACT.
CAUTION: CONTENTS UNDER PRESSURE; OPEN SLOWLY
TO REDUCE POTENTIAL SPLASHING.

PURE PRO 50

HI-PROTEIN
SHAKE



50g
PROTEIN

3g
SUGAR

1.5g
FAT

Nutrition Facts

Serving Size 1 Bottle (14.5 fl oz)

Amount Per Serving

Calories 240 Calories from Fat 15

% Daily Value*

Total Fat 1.5g 2%

Saturated Fat 1g 5%

Cholesterol 45mg 15%

Sodium 100mg 4%

Potassium 290mg 8%

Total Carbohydrate 6g 2%

Dietary Fiber 1g 4%

Sugars 3g

Protein 50g 100%

Calcium 100%

Not a significant source of trans fat, vitamin A, vitamin C or iron.
*Percent Daily Values are based on a 2,000 calorie diet.

Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

INGREDIENTS: Water, Protein Blend (Milk Protein Concentrate, Whey Protein Concentrate), Cellulose Gel, Natural and Artificial Flavor, Sucralose, Cellulose Gum, Acesulfame Potassium, Carrageenan, Red 3.

CONTAINS: MILK.



ME 5c
CA CRV



This product contains ingredients of international and domestic origin.

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14.5 FL OZ (429 mL)

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY.
DO NOT USE FOR WEIGHT REDUCTION.

Distributed by:
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