

Geromulti without Iron

Vitamin/Mineral Supplement

100 tablets



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one tablet per day with water.
WARNING: Contains vitamin K. Consult your healthcare provider before use if you are taking blood-thinning medications or are pregnant or nursing.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin A USP (as beta carotene).....	6,100 IU 122%
Vitamin C USP (as ascorbic acid).....	57 mg 95%
Vitamin D USP (as cholecalciferol).....	400 IU 100%
Vitamin E USP (as d-alpha tocopheryl succinate).....	30 IU 100%
Vitamin K USP (as phytonadione).....	24 mcg 30%
Thiamin USP (as thiamin mononitrate) (vitamin B-1).....	1.5 mg 100%
Riboflavin USP (vitamin B-2).....	2 mg 118%
Niacin USP (as niacinamide ascorbate).....	20 mg 100%
Vitamin B-6 USP (as pyridoxine HCl).....	2 mg 100%
Folic Acid USP.....	380 mcg 95%
Vitamin B-12 USP (as cyanocobalamin).....	6.7 mcg 112%
Biotin USP.....	44 mcg 15%
Pantothenic Acid USP (as d-calcium pantothenate).....	13 mg 130%
Calcium (from dicalcium phosphate).....	148 mg 15%
Phosphorus (from dicalcium phosphate).....	118 mg 12%
Iodine USP (from potassium iodide).....	120 mcg 80%
Magnesium USP (from magnesium oxide).....	86 mg 22%
Zinc (from zinc oxide).....	13.5 mg 90%
Selenium (from sodium selenate).....	1 mcg 1%
Copper (from copper gluconate).....	1.8 mg 90%
Manganese (from manganese sulfate).....	2.4 mg 120%
Chromium (from chromium Chelavite® amino acid chelate).....	12 mcg 10%
Molybdenum (from sodium molybdate).....	10 mcg 13%
Potassium (from potassium chloride).....	36 mg 1%
Lutein.....	2 mg *

*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), stearic acid, calcium carbonate, croscarmellose sodium, magnesium stearate, silica, purified water, methylcellulose, PEG-400, titanium dioxide, sodium copper chlorophyllin.

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