



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Calcium

(Carbonate,
Aspartate
& Citrate)
Mineral Supplement

100 tablets • 500 mg



- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one tablet two times per day with water.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Calcium (from calcium carbonate, aspartate and citrate)	500 mg	38%

Other ingredients: Acacia, maltodextrin, stearic acid, food glaze, croscarmellose sodium, magnesium stearate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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1