RECOMMENDED USE:

For Post-Workout Recovery: Begin drinking 1 PURE PRO® 50 Shake immediately upon completing your workout.

PROTEIN WEIGHS heavily in

everyone's workout recovery strategy. This is the shake for those who don't want to come up short. Whether your goal is to dominate the field or up your bench. 50 grams of milk and whey protein has a lot to offer. That's A.B.B. making greatness greater.

SUGGESTED USE: For healthy adults, consume enough protein to meet your daily protein requirements with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

SHAKE WELL BEFORE USE.
STORE IN A COOL, DRY PLACE.
BEFRICERATE ATTER OPENING.
TAMPER EVIDENT - PURCHASE, ONLY IF SEAL IS INTACT
CONTENTS UNDER PRESSURE; OPEN SLOWLY
TO REDUCE PUTENTIAL SPLASHING.







H-PROTEIN SHARE THE S

Nutrition Facts

| Amount Per Serving | Calories 10m Fat 35 | Sality Value* | Total Fat 4g | 5% Bally Value* | 5% Bally

 Potassium 450mg
 13%

 Total Carbohydrate 9g
 3%

 Delaty Fibrs 3g
 12%

 Sugars 3g
 *

 Protein 50g
 100%

 Calcium 130%
 *
 Iron 6%

Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on your calorie needs:

| Total Fat | Less than | 65g | 80g |
|--------------------|-----------|---------|---------|
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Potassium | | 3,500mg | 3,500mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |
| Protein | | 50g | 65g |

INGREDIENTS: Water, Protein Bland (Milk Protein Concentrale, Whey Protein Concentrale, Natural and Artificial Flavor (Contains Caramel Color), Cooca (Processed with Alkail), Peant Butter (Penatur), Sectrose, Hydrogenate Rapesed Oil, Cottonsed Oil, Salt), Cellulose Gel, Sucralose Cellulose Gum, Acesulfame Potassium, Salt, Carrageenan. Contrains: Milk Aid PEANUT.