



"I'm a scientist, champion natural bodybuilder, raw elite powerlifter, and physical architect for a long list of pro clients. I thrive on research and results. So when I saw a need for well-formulated supplements that completely cut the BS, I developed my own line that most others couldn't touch. CAPMUS."

GLACON supplements aren't just for bodybuilders. They're not about hype. They're based on a combination of state-of-the-art research, cutting-edge formulas, and evidence-based doses to help you regain, build, and maintain your muscle growth.

[illegible]

6. CONCLUSIONS

**CALLING FOR
CHANGE**



CARBON

7 6 5 4 3 2 1

PREP ADVANCED PRE-WORKOUT FORMULA

DIETARY SUPPLEMENT

256

NET WEIGHT
75 LBS / 34 KG

Supplement Facts			
Serving Size: 1 scoop (17.3g)			
Servings Per Container: 30			
Amount per serving		% Daily Value	
Calories	10		
Total Carbohydrate	3g	1%	*
Calcium	65mg	7%	
Sodium (as sodium chloride)	60mg	3%	
Citrulline Malate	6g	†	
Creatine Monohydrate	3g	†	
BetaPower®			
Betaine Anhydrous	2.5g	†	
Astragalus membranaceus (root)	2g	†	
L-Carnitine L-Tartrate (as Carnipure®)	1g	†	
Cocoa seed powder (std. 6% theobromine [27 mg])	450mg	†	
Alpha-Glycerol Phosphoryl Choline (50%)	300mg	†	
Phredia rosea root extract (std. 3% rosinaria [9 mg])	180mg	†	
Hypericine A (rooted clubmoss, whole plant)	200mcg	†	

* Percent Daily Values are based on a 2,000-calorie diet.
† Daily value not established

Source: G. artificial flowers, Citric acid, Calcium silicate, Sucrose, FD&C Red #40 and FD&C Blue #2.

Contains Soy. Produced in a facility that also processes Peanuts, Eggs, Wheat, and Milk.

How to Use:
Mix 1 scoop with 10-12 ounces of water and consume 30 minutes before training.

WARNING:
Check with a qualified healthcare professional before taking this product. Do not use if you are pregnant or nursing a baby, under 18 years of age, have any known or suspected medical conditions, and/or if you are taking any prescription or OTC medications. This product contains chemicals known to the State of California to cause cancer and birth defects or reproductive harm. **KEEP OUT OF REACH OF CHILDREN.**

Compound[®] is a trademark of Lyons Ltd. Cellulose
DexPower[®] is a trademark of DuPont used under
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The product was produced in a GMP-compliant facility (and Manufacturing Practices, or GMPs, are a set of standards which ensure the quality and proper labeling of dietary supplements).

*These studies were not included in the review and conclusions. The reason is that although the studies were published in English, they were not available in the language of the review.



betaPOWER

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