

A photograph of a family of six sitting outdoors in a grassy field. The family consists of two adults and four children. The adults are a man and a woman, both smiling. The children are two boys and two girls, also smiling. They are all dressed in casual summer clothing. The background shows green grass and some trees.

Supplement	Image
Magnesium w/ SRT®	
Activated B w/ SRT®	
Pureway-C® + Lysine	
Essential Blend Antioxidant	
Essential Blend Multi Mineral	
Omega-3 Fish Oil + Vitamin D3	
Vitamin K2 + E Complex	
MicroActive® CoQ10 w/ SRT®	
Curcumin Extract	

		●	2	2
		●	1	0
		●	2	2
		●	1	1
		●	0	1
		●	2	1
		●	0	1
		●	1	1
		●	1	1

Ingredient	Amount Per Serving	% Daily Value
Calories	27	
Calories from Fat	22	
Total Fat	2.1 g	3%
Saturated Fat	1 g	>1%
Trans Fat	0 g	
Monounsaturated Fat	0.5 g	
Polysaturated Fat	1.5 g	
Vitamin A (as Retinyl Palmitate)	6,000 mcg	120%
Vitamin C (as Ascorbyl-2-Palmitate)	1,000 mg	100%
Vitamin E (as Tocopherol)	5 mg	6%
Vitamin D3 (as Cholecalciferol)	19 mcg	95%
Vitamin B1 (as Thiamine)	34 mg	227%
Vitamin B2 (as Riboflavin)	25 mg	2,000%
Vitamin B5 (as D-Panthenol)	25 mg	2,500%
Vitamin B6 (as Pyridoxine Hydrochloride)	15 mg	94%
Vitamin B12 (as Methylcobalamin)	270 mcg	180%
Folate (as Quinolin-5-Methyl Tetrahydrofolate)	300 mcg	75%
Vitamin B12 (as Methylcobalamin)	500 mcg	20,000%
D-Biotin (Vitamin H)	500 mcg	1,000%
Vitamin B5 (as Calcium D-Panthenol)	125 mg	2,500%
Magnesium (as Magnesium L-Alanine)	250 mg	60%
Choline Bitartrate	150 mg	27%
Omega-3 Fish Oil (Sardine & Anchovy Containing EPA, Eicosapentaenoic Acid)	2,000 mg	
DHA (Docosahexaenoic Acid)	800 mg	
Coenzyme Q10 (as Ubiquinol)	100 mg	
CoQ10 and Ubiquinol (as Ubiquinol)	75 mg	
Resveratrol	15 mg	
L-Lysine HCl	100 mg	
Curcumin Extract (95% Curcuminoids)	250 mg	
Grape Seed Extract	75 mg	
Green Tea Leaf Extract	75 mg	
Pomegranate Extract	75 mg	
Alpha Lipoic Acid	75 mg	
Cranberry Juice Extract	50 mg	
Apple Berry Extract 4:1	50 mg	
Lycopene	2.5 mg	
Yucca	1.5 g	

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Ingredient	Amount Per Serving	% Daily Value
Calories	18	
Calories from Fat	14	
Total Fat	1.5 g	3%
Saturated Fat	3 g	20%
Trans Fat	0 g	
Monounsaturated Fat	4 g	
Polysaturated Fat	8 g	
Vitamin A (as Retinyl Palmitate)	675 mcg	75%
Vitamin C (as Ascorbic Acid)	1,000 mg	1,111%
Vitamin E (as Alpha-Tocopherol)	5 mg	8%
Vitamin D3 (as Cholecalciferol)	9 mcg	45%
Vitamin E (as Natural D-Alpha-Tocopherol and Tocopheryl Succinate)	164 mg	1,093%
Vitamin C (as Ascorbic Acid)	50 mg	42%
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	2.5 mg	147%
Folate (as Quinazolin-4-Methyl Tetrahydrofolate)	100 mcg	25%
Vitamin B12 (as Methylcobalamin)	3 mcg	125%
Vitamin B12 (as Methylcobalamin)	100 mcg	100%
Iodine (as Potassium Iodide)	260 mcg	500%
Magnesium (as Dimagnesium Malate)	260 mg	60%
Zinc (as Zinc Bisglycinate Chelate)	15 mg	136%
Selenium (as L-Selenomethionine Pentahydrate)	400	727%
Copper (as Copper Bisglycinate Chelate)	2 mg	222%
Manganese (as Manganese Bisglycinate Chelate)	2 mg	87%
Chromium (as Chromium Nicotinate Glycolate Chelate)	400 mcg	1,143%
Molybdenum (as Molybdenum Glycolate Chelate)	100 mcg	333%
Mead Tocopherols	84 mcg	
D-beta-Tocopherol	900 mcg	
D-gamma-Tocopherol	75 mg	
D-delta-Tocopherol	18 mg	
Tocopherol Complex	90 mg	
D-alpha-Tocopherol	5 mg	
D-beta-Tocopherol	600 mcg	
D-gamma-Tocopherol	9 mg	
D-delta-Tocopherol	2 mg	
Omega-3 Fish Oil (Sardine & Anchovy) Containing EPA, Eicosapentaenoic Acid	1,000 mg	
DHA (Docosahexaenoic Acid)	300 mg	
CoQ10 (as Ubiquinol)	200 mg	
CoQ10 (as Ubiquinol)	100 mg	
L-Lysine HCl	100 mg	
Garcinia Extract (95% Garcinoids)	250 mg	
Grape Seed Extract	75 mg	
Green Tea Leaf Extract	75 mg	
Pomegranate Extract	75 mg	
Alpha-Lipoic Acid	75 mg	
Cardberry Juice Extract	50 mg	
Apple Berry Extract 4:1	50 mg	
Lycopene	2.5 mg	
Lutidin	1.5 mg	
Trace Mineral Blend	5 mg	

Suggested Use: To replenish essential nutrients, take with meals. Or use as directed by our healthcare professionals.

All values listed in elemental amounts. Ingredients for individual pills are indicated by color key and can also be found online at www.liquidhealth.com.

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Keep out of reach of children. Store in a cool dry place.

Allergens: Contains fish. Manufactured in a facility that also handles products with other known allergens.