Helps Build Bones

Chewable Cal Mag Plus provides important

nutrients for the development of healthy bones and teeth. Combined with regular exercise and a healthful diet, supplemental calcium and vitamin D may reduce the risk of osteoporosis later in life, especially for young white and Asian women, and the elderly. Calcium helps you reach peak bone density, minimize bone loss, and slow bone breakdown. It helps reduce PMS symptoms, helps retain normal blood pressure, and promotes colon health. Adequate calcium intake is important, but daily intake above 2,000 mg is not likely to provide any additional benefits. Chewable Cal Mag Plus provides 1,000 mg of elemental calcium, with 100 mg of magnesium, vitamin D to stimulate calcium absorption, and other bone-health minerals that aid in the proper utilization of calcium. Gluten free. No artificial colors, flavors, sweeteners, or preservatives added.

Bottle has printed seal under cap for your protection.



DIRECTIONS: Adults take 4 tablets daily, children ages 4-12 take 2 tablets daily, preferably with food.

Supplement Facts

	Amount Per Serving	% DV
Calories	10	
Total Carbohydrate	3 g	<1%
Sugars	0.5 g	†
Vitamin D ₃ (as cholecalciferol)	600 IU	150%
Calcium (as calcium carbonate and calcium citra	ate) 1,000 mg	100%
Magnesium (as magnesium oxide)	100 mg	25%
Zinc (as zinc gluconate)	1.5 mg	10%
Copper (as copper gluconate)	0.2 mg	10%
Manganese (as manganese gluconate)	0.2 mg	10%

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established

OTHER INGREDIENTS: DEXTROSE, SORBITOL, MANNITOL, NATURAL BERRY AND OTHER FLAVORS, CARRAGEENAN, ACACIA GUM. CITRIC ACID, XYLITOL, MALIC ACID.

Distributed by Shaklee Corporation 4747 Willow Road, Pleasanton, CA 94588

Serving Size: 4 Tablets
Servings Per Container: 30





Item #21216