

Other Ingredients: Softgel (gelatin, glycerin, water), soybean oil, carob and Vitamin E. **Contains Soy.**

Contains No: Gluten, sugar, salt, yeast, corn, wheat, starch, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives.

Directions: As a dietary supplement, adults take one (1) softgel capsule, one (1) to three (3) times daily with meals, or as directed by a health care professional.

Phosphatidylserine is important for cell-to-cell communication, and may help support healthy cognitive function as we age.[†]

Store in a cool dry place. Do not refrigerate. Please recycle.

**Do not use if safety seal under cap is broken or missing.
Keep out of reach of children.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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MADE IN THE USA **GMP Compliant Manufacturing**



• FITNESS •

PHOSPHATIDYL SERINE COMPLEX 500 MG



Cognitive Support[†]

30 softgels
dietary supplement

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 30

	Amount Per Serving	%DV*
Phosphorus	10 mg	1%
Potassium	3 mg	<1%
Phosphatidyl serine complex	500 mg	**
Phosphatidylserine	100 mg	**
Phosphatidylcholine	55 mg	**
Phosphatidylinositol	10 mg	**
Phosphatidylethanolamine	20 mg	**
Linolenic acid	10 mg	**
Linoleic acid	85 mg	**
Oleic acid	15 mg	**
Palmitic acid	27 mg	**
Stearic acid	6 mg	**
Capric acid	51 mg	**
Caprylic acid	120 mg	**

*%Daily Value

**Daily Value not established

Viva Vitamins™ fully guarantees the potency of this product through: