



CARBON
BY LAYNE HORTON

"I'm a scientist, champion athlete, bodybuilder, and elite powerlifter, and I've been architect for a long list of pro clients. I know the research and results. Because I take speed for well-formulated supplements that complement the BS, I developed my own limited amount there could have CARBON.

CARBON supplements are the only ones. They're not slow burn. They're not just a combination of time-tested research, cutting-edge formulas, and evidence-based down to help you speed burn, and they're your muscle growth.

—Layne Horton, Pro



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PREP ADVANCED PRE
WORKOUT FORMULA

DIETARY SUPPLEMENT
Naturally and Artificially Flavored

2.5G BETAINES
ANHYDROUS

NET WEIGHT
35 LBS / 342 G



6G CITRULLINE
MALATE

FRUIT
PUNCH

Supplement Facts

Serving Size: 1 scoop (17.5g)
Servings Per Container: 20

Amount per serving	% Daily Value	Amount per serving	% Daily Value
Calories	10	Cocoa seed powder (incl. 6% theobromine) (27 mg)	400mg †
Total Carbohydrate	3g 1%*	Alpha-Glycerol Phosphoryl Choline (50%) 200mg	†
Calcium	65mg 2%	Whedon rose root extract (incl. 5% rosin) (9 mg)	180mg †
Sodium (as sodium chloride)	60mg 3%	Huperzine A (extracted chlorophyll, whole plant) 200mcg	†
Citrulline Malate	6g †		
Creatine Monohydrate	3g †		
BetaPower™ Betaine Anhydrous	2.5g †		
Astragalus membranaceus (root)	2g †		
L-Carnitine L-Tartrate (as Carnipure®)	1g †		

OTHER INGREDIENTS:
Natural & artificial flavors, Citric acid, Calcium silicate, Sucralose and FD&C Red #40.

ALLERGEN WARNING:
Contains Soy. Produced in a facility that also processes Peanuts, Eggs, Wheat, and Milk.

DIRECTIONS:
Mix 1 scoop with 8-12 ounces of water and consume 30 minutes before training.

WARNING:
Check with a qualified healthcare professional before taking this product. Do not use if you are pregnant or nursing a baby, under 18 years of age, have any known or suspected medical conditions, and/or if you are taking any prescription or OTC medications. This product contains chemicals known to the State of California to cause cancer and birth defects or reproductive harm. KEEP OUT OF REACH OF CHILDREN.

Carnipure® is a trademark of Larned LLC. BetaPower™ is a trademark of DuPont used under license by Biodyne LLC.

C Distributed by: BIODYNE LLC
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This product was analyzed by a third-party laboratory and found to contain the following amounts of ingredients which may be different from the label:

*PERCENT DAILY VALUES ARE BASED ON THE FOLLOWING ASSUMPTIONS: THE PRODUCT IS NOT MEANT TO BE USED AS A MEANS OF SUPPLEMENTATION.



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betaPOWER
Naturally Flavored

Carnipure