RECOMMENDED USE:

For Post-Workout Recovery: Begin drinking 1 PURE PRO® 35 Shake immediately upon completing your workout.

HEAVY ON FLAVOR, stingy with fat and sugar. This thick, creamy shake leaves plenty of room for 35 grams of milk, casein, and whey proteins teeming with muscle-building Essential Amino Acids & BCAAs. That's how A.B.B. helps you realize greater goals.

SUGGESTED USE: For healthy adults consume enough protein to meet your daily consume earning protein to meet your un-protein requirements with a combination high protein foods and protein supplement throughout the day as part of a balanced diet and exercise program.

SHAKE WELL BEFORE USE. STORE IN A COOL DRY PLACE REFRIGERATE AFTER OPENING TAMPER EVIDENT - PURCHASE ONLY IF SEAL IS INTACT. CAUTION: CONTENTS UNDER PRESSURE: OPEN SLOWLY









Nutrition Facts

Amount Per Serving			
Calories 170	Calories from Fat 5		
	% Daily Value*		
Total Fat 0.5g	1%		
Cholesterol 15mg	5%		
Sodium 45mg	2%		
Potassium 135mg	4%		
Total Carbohydrate 5g	2%		
Dietary Fiber 1g	4%		
Sugars 1g			
Protein 35g	70%		
Calcium 80%	• Iron 2%		
Not a significant source of sa or vitamin C.	sturated fat, trans fat, vitamin A		
*Percent Daily Values are ba			

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Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	309
Protein		50g	65g

AMERICAN BODY

AMERICAN BODY 3500 Lacey Road, Suite 1200 BUILDING PRODUCTS Downers Grove, IL 60515