

RECOMMENDED USE:

For Post-Workout Recovery: Begin drinking 1 PURE PRO[®] 35 Shake immediately upon completing your workout.

HEAVY ON FLAVOR, stingy with fat and sugar. This thick, creamy shake leaves plenty of room for 35 grams of milk, casein, and whey proteins teeming with muscle-building Essential Amino Acids & BCAAs. That's how A.B.B. helps you realize greater goals.

SUGGESTED USE: For healthy adults, consume enough protein to meet your daily protein requirements with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

SHAKE WELL BEFORE USE.
STORE IN A COOL, DRY PLACE.
REFRIGERATE AFTER OPENING.
TAMPER EVIDENT - PURCHASE ONLY IF SEAL IS INTACT.
CAUTION: CONTENTS UNDER PRESSURE. OPEN SLOWLY TO REDUCE POTENTIAL SPLASHING.



ME 5¢
CA CRV



PURE[®] PRO 35

HI-PROTEIN
SHAKE



35g
PROTEIN

1g
SUGAR

1g
FAT

12 FL OZ (355 mL)

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY.
DO NOT USE FOR WEIGHT REDUCTION.

Nutrition Facts

Serving Size 1 Bottle (12 fl oz)

Amount Per Serving

Calories 170 Calories from Fat 10

% Daily Value*

Total Fat 1g	2%
Saturated Fat 0.5g	3%
Cholesterol 15mg	5%
Sodium 45mg	2%
Potassium 310mg	9%
Total Carbohydrate 5g	2%
Dietary Fiber 3g	12%
Sugars 1g	
Protein 35g	70%

Calcium 80% Iron 8%

Not a significant source of trans fat, vitamin A or vitamin C.
*Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

INGREDIENTS: Water, Protein Blend (Milk Protein Concentrate, Calcium Caseinate, Whey Protein Isolate), Cocoa (Processed with Alkali), Natural and Artificial Flavor, Cellulose Gel, Sucralose, Cellulose Gum, Acesulfame Potassium, Potassium Citrate, Carrageenan.

CONTAINS: MILK.

Distributed by:
**AMERICAN BODY
BUILDING PRODUCTS**

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