

WATERMELON
NATURALLY AND ARTIFICIALLY FLAVORED

POTENT PRE-WORKOUT* support in a concentrated ready to drink formula that delivers big-time energy while stoking thermogenesis with 250 mg of caffeine*. All that in a compact 8.5 fluid ounce swig that won't weigh you down with any calories. A.B.B.'s got it going on for gym proven greatness.



**PREPARED
SPEED
SHOT**



250MG
CAFFEINE

0G
SUGAR

SHAKE WELL BEFORE USE.
STORE IN A COOL, DRY PLACE.
REFRIGERATE AFTER OPENING.
TAMPER EVIDENT - PURCHASE ONLY
IF SEAL IS INTACT.

* THESE STATEMENTS HAVE NOT
BEEN EVALUATED BY THE FOOD
AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED
TO DIAGNOSE, TREAT, CURE, OR
PREVENT ANY DISEASE.

ADVANTRA Z
Zhoulin, LLC, Vermont, U.S.A. has licensed Citrus
Aurantium patents to NutraTech, Inc. (U.S. Patents
5,224,873; 5,316,499; 5,340,482). NutraTech is the
exclusive worldwide distributor of the only patented Citrus
Aurantium ingredient, Advanta Z[®], which is a registered
trademark of NutraTech, Inc.

CarnoSyn
CarnoSyn[®] trademark and patents owned by
Natural Alternatives International, Inc.



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CA CRV

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This product contains
ingredients of international
and domestic origin.

AMERICANBODYBUILDING.COM
1-866-353-9222

8.5 FL OZ (251 mL)
DIETARY SUPPLEMENT

RECOMMENDED USE:

For Pre-Workout Energy*: Consume up to 1 bottle approximately
30 minutes prior to exercise. For Daily Energy and Alertness*:
Consume up to 1 bottle with food.

Supplement Facts

Serving Size 1 Bottle (8.5 fl oz)

	Amount per serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%*
Potassium	60 mg	1%

Proprietary Speed Shot[®] Blend 2 g **
Beta-Alanine (as CarnoSyn[®]), Caffeine Anhydrous[†],
Taurine, DMAE (2-Dimethylaminoethanol) Bitartrate,
Citrulline Malate, Evodiamine, N-Acetyl L-Tyrosine,
Bitter Orange Extract (*Citrus aurantium*)(fruit)
(Advanta Z[®])[†], Yohimbe Extract (bark)
(standardized for 8% yohimbine), Yerba Mate Extract
(*Ilex paraguariensis*)(leaf)(standardized for caffeine)[†],
Cocoa Extract (*Theobroma cacao*)(fruit)(standardized for
theobromine), Guarana Extract (*Paullinia cupana*)
(seed)(standardized for caffeine)[†], Acai Berry Extract
(*Euterpe oleracea*)(fruit), White Tea Powder (leaf),
Asian Ginseng Root Extract, Grape Seed Extract,
Green Coffee Bean Extract

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

OTHER INGREDIENTS: Triple Filtered Water, Malic Acid,
Natural and Artificial Flavor, Phosphoric Acid, Potassium
Sorbate and Potassium Benzoate (as preservatives),
Tartaric Acid, Sucralose, Red 40.

Manufactured by:
ABB PERFORMANCE, LLC
3500 Lacey Road, Suite 1200
Downers Grove, IL 60515

CAUTION

*TOTAL CAFFEINE FROM ALL SOURCES IS 250 MG PER BOTTLE.

[†]TOTAL SYMPHINE FROM BITTER ORANGE IS 25 MG PER BOTTLE.