Scan for more information about this product.

## 2 products in one!

ultimate detox & cleanse™❖

+

# michael's®
naturopathic programs
HEALTHCARE SOLUTIONS SINCE 1984

Product best if used within 2 years of MFG Date (Date of manufacture).

### Find the Cause
To accurately select the correct course of treatment the specific cause must be determined.

### Utilize the Healing Power of Nature
This healing power exists in each person and is also found in the gifts provided by nature as the nutrients in our foods from a vast array of sources.

### Treat the Whole Person
Treatments solely focused on symptom relief may not address all the factors as they relate to the core issues. Many components can impact an individual's health concerns, going beyond what appear to be the direct causes.

### Do No Harm
By providing nutrients, not drugs or other treatments, the body has what it needs to re-establish the health of the individual without any 'cost'.

7 556269 110588 5

## Supplement Facts

Serving Size: Two (2) Packets Daily
Servings Per Container: 7

| Amount Per Serving | liver wellness™❖ | | blood detoxification factors™❖ | | fat metabolism factors™❖ | | fiber & more™ | |
|---|---|---|---|---|---|---|---|---|
| | | % Daily Value | | % Daily Value | | % Daily Value | | % Daily Value |
| Dietary Fiber | | | | | | | 893 mg | 3%** |
| Vitamin A (as Beta Carotene) | 300 mcg | 33% | | | | | | |
| Vitamin E (as d-alpha Tocopheryl Succinate) | 67 mg | 447% | | | | | | |
| Thiamin (as Thiamin Hydrochloride) | 20 mg | 1667% | | | | | Herbal ingredients can be found in the proprietary blend. | |
| Niacin (as Nicotinic Acid) | 20 mg | 125% | | | | | | |
| Vitamin B6 (as Pyridoxine Hydrochloride) | | | | | 66.67 mg | 3922% | | |
| Vitamin B12 (as Cyanocobalamin) | 200 mcg | 8333% | | | | | | |
| Pantothenic Acid (as d-Calcium Pantothenate) | 20 mg | 400% | | | | | | |
| Choline (as Choline Bitartrate) | 133 mg | 24% | | | 133 mg | 24% | | |
| Iron (as Iron Amino Acid Chelate†) | | | 1.33 mg | 7% | | | | |
| Iodine (from Kelp) | | | | | 150 mcg | 100% | | |
| Zinc (as Zinc Monomethionine†††) | | | 6 mg | 55% | | | | |
| Manganese (as Manganese Amino Acid Chelate) | | | 4 mg | 174% | | | | |
| Chromium (as Chromium Polynicotinate***) | | | | | 133.33 mcg | 381% | | |
| Molybdenum (as Molybdenum Amino Acid Chelate†) | | | 400 mcg | 889% | | | | |
| Potassium (as Potassium Amino Acid Chelate) | | | | | 66 mg | 1% | | |

| liver wellness™❖ | blood detoxification factors™❖ | fat metabolism factors™❖ | fiber & more™ |
|---|---|---|---|
| **Proprietary Blend 1.14 g (1143 mg) **** | **Proprietary Blend 1.2 g (1200 mg) **** | **Proprietary Blend 667 mg **** | **Proprietary Blend 1.37 g (1365 mg) **** |
| Dandelion Root (*Taraxacum officinale*), Lecithin (from Sunflower), Inositol, Milk Thistle Seed Extract (*Silybum marianum*) (80% Silymarin), L-Threonine and Butternut Root Bark†† (*Juglans cinerea*) | *Echinacea angustifolia* Root, Red Clover Flower (*Trifolium pratense*) and Dandelion Root (*Taraxacum officinale*) | Lecithin (from Sunflower), Inositol, Guggul Gum††† (from *Commiphora mukul*) (2.5% Gugglusterones) and L-Phenylalanine | Rice Bran (*Oryza sativa*), Flax Seed (*Linum usitatissimum*), Psyllium Seed Husk (*Plantago psyllium*), Apple Fruit, Garlic Clove Extract (*Allium sativum*), Pumpkin Seed (*Cucurbita pepo*), Butternut Root Bark†† (*Juglans cinerea*), Dandelion Root (*Taraxacum officinale*), Marshmallow Root (*Althea officinalis*) and Okra Leaf (*Abelmoschus esculentus*) |

*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Clear Coating (Hydroxypropyl Methylcellulose).

†Contains soy. ††Contains tree nut.

## PRODUCT #01058

**DIRECTIONS FOR USE: Ultimate Detox & Cleanse™:** Take the contents of one packet with breakfast, and one packet with lunch (two packets per day). **Directions For Use: Super Defense Food™:** Stir 1 scoop (1 scoop = 2 teaspoons) of **Super Defense Food™** into 8 ounces of chilled water or juice. Use a shaker or blender for maximum effectiveness. To preserve freshness, keep container closed and away from heat. Throughout the time you are using **Michael's® Ultimate Detox, Cleanse & Rebuild™** drink plenty of water (non-tap, distilled is best): 8 glasses or more daily. It is also helpful to increase your consumption of fibrous fruits and vegetables while decreasing consumption of processed foods, meat and dairy products. Follow this schedule for 7 days. Our products contain organically grown herbs, when available.

This box has been sealed for your protection. Do not use if seal is broken or missing.

**Ultimate Detox & Cleanse™** and **Super Defense Food™** are certified by Rabbi Alan Silver, M.D. Orthodox Jewish Council K

Visit our informative website to learn more about Michael's® and our products: **www.michaelshealth.com**

**CAUTION: Contains phenylalanine and should be avoided by phenylketonurics and women who are pregnant or lactating.**

***ChromeMate® and OptiZinc® are Trademarks of InterHealth Nutraceuticals, Inc.
****Guguligel® is a Trademark of Sabinsa Corp.

**Ultimate Detox & Cleanse™** is made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products. **Super Defense Food™** is made in a GMP facility that processes milk, soy, tree nut and wheat products.

Made in the U.S.A. Family owned and operated.

MANUFACTURED FOR **MICHAEL'S® NATUROPATHIC PROGRAMS**
6003 RANDOLPH BLVD, SAN ANTONIO, TEXAS 78233
Consumer Information Services Voice Mail: 800-845-2730

032017

**WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose,call a physician or Poison Control Center immediately.This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.**

**See enclosed insert for more information**

## ultimate detox & cleanse™❖

- *aids digestion*❖
- *may help decrease appetite*❖
- *helps cleanse the intestinal tract*❖

(Packet not shown actual size)

| formula | ingredient | function❖ |
|---|---|---|
| liver wellness™❖ | choline, inositol | fat burning & processing |
| | lecithin | emulsifies fat |
| | milk thistle seed | liver support |
| blood detoxification factors™❖ | red clover flower, dandelion root | liver support |
| | iron | needed for hemoglobin |
| | zinc, manganese, molybdenum | needed for detoxification enzymes |
| fat metabolism factors™❖ | B6, potassium | fluid balance |
| | guggul gum | supports fat elimination |
| fiber & more™ | apple pectin, psyllium | soluble fiber |
| | okra leaf | mucilaginous fiber |
| | rice bran, butternut root bark | insoluble fiber |

❖This statement has not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

# michael's®
naturopathic programs
HEALTHCARE SOLUTIONS SINCE 1984

**true whole body cleansing❖**

# ultimate detox, cleanse & rebuild™❖ 7 day program

conveniently packaged tablets
[14 individual 4-tablet packets (56 tablets)]
*and*
easy-to-mix *super defense food*™❖ powder
[net wt. 1.4 oz (40 g)]

**vegan & kosher dietary supplements**

**tried & truthful**

## Supplement Facts

Serving Size: 5.7 Grams (2 Teaspoons) or One (1) Scoop
Servings Per Container: 7

| Amount Per Serving | | % Daily Value |
|---|---|---|
| **Total Calories:** | 20 | * |
| Calories From Fat: | 0 | * |
| **Total Fat:** | 0 | 0% |
| Saturated Fat: | 0 | 0% |
| Cholesterol: | 0 | 0% |
| **Sodium:** | 21 mg | 1%** |
| **Total Carbohydrates:** | 4 g | 1%** |
| Dietary Fiber: | 1 g | 5%** |
| Sugars: | 1 g | * |
| **Protein:** | 1 g | * |
| **Proprietary Blend** | **5.7 g (5700 mg)** | * |

**Ingredients:**
Fruits: [Apple, Banana, Pineapple, Cherry, Mango, Pomegranate, Grape, Lemon, Blackberry, Blueberry, Strawberry, Raspberry, Cranberry], Green Super Foods: [Oat Grass Juice Powder, Spirulina, Chlorella Whole Algae, Barleygrass Juice Powder], Beet Root (*Beta vulgaris*), Maqui Berry (*Aristotelia chilensis*), Raspberry Flavoring, Acerola Berry, Probiotic Blend: [*Lactobacillus gasseri*, *Bifidobacterium bifidum*, *Bifidobacterium longum*], Astragalus Root, Cilantro Leaf, Mushrooms: [Agaricus (*Agaricus bisporus*), Cordyceps (*Cordyceps sinensis*), Lion's Mane (*Hericium americanum*), Maitake (*Grifola frondosa*), Reishi (*Ganoderma lucidum*), Shiitake (*Lentinus edonis*), Tremella (*Tremella fuciformis*), TurkeyTail (*Trametes versicolor*)], Agave Leaf Inulin (*Agave tequiliana*), Milk Thistle Seed, Kelp Leaf (*Ascophyllum nodosum*), Pumpkin, Dulse Leaf (*Palmaria palmata*), Broccoli Flower, Cabbage Leaf, DigeZyme®***(Digestive Enzymes), Guar Gum, Parsley Leaf, Kale Leaf, Dandelion Leaf, Millet Sprout, Nettle Leaf, Eleuthero Root, Apple Fruit Extract, Goji Berry, Yum Berry Fruit (*Myrica rubra*)

*Daily Value not established.
**Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENT: Lo Han Berry Extract (Luo-Han-Guo)

***DigeZyme® is a Trademark of Sabinsa Corporation.

**Refrigerate after opening.**

**Super Defense Food™ is not intended as a meal replacement.**

super defense food™❖