Because Efficacy Matters Because Efficacy Matters Because Efficacy Matters Because Efficacy Matters Because Efficacy Matters

ORTHO MOLECULAR PRODUCTS®
Because Efficacy Matters®

Fiber Plus
POWDER

GASTROINTESTINAL HEALTH†

APPLE & CINNAMON
FLAVORED POWDER

15
CONVENIENT TRAVEL PACKETS

Helps promote regularity and healthy microflora balance†

Helps keep you fuller longer to sustain a healthy weight†

Helps maintain healthy blood sugar levels†

Helps balance cholesterol to support heart health.‡

‡ Soluble fiber from foods such as Fiber Plus, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of Fiber Plus supplies 5 grams of the 7 grams of soluble fiber from psyllium husk necessary per day to have this effect.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Dietary Supplement 15 - 14.83 Gram (0.52 oz) Packets, Net Wt. 222 Grams (7.83 Oz)

Because Efficacy Matters Because Efficacy Matters Because Efficacy Matters Because Efficacy Matters Because Efficacy Matters

SUGGESTED USE: Mix 1 packet (14.83 grams) in 8 oz of water or juice and drink immediately 1-2 times daily or as recommended by your health care professional. Formulated to be free of allergens derived from: Gluten, yeast, artificial colors and flavors. If you are pregnant or nursing, consult your physician before taking this product. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Cease taking this product and consult your physician if you have negative reactions upon ingestion. CAUTION: Without drinking enough liquid, this product may swell in throat, causing blockage or choking. DO NOT use if you have ever had esophageal narrowing or swallowing difficulties. Seek immediate medical help if symptoms of esophageal blockage (chest pain/pressure, regurgitation or difficulty swallowing) occur. May cause allergic reaction in persons sensitive to inhaled or ingested Psyllium. STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN. This product was sealed for your protection. Do not use if outer seal is missing or damaged or inner packets are torn or damaged.

Professional Strength: Not for sale through Amazon.com

Label ID L-OMP100-608015-B

SPOT PLATE

LEARN MORE

DO NOT ACCEPT IF LABEL SHOWS SIGNS OF TAMPERING

VitaSecure®

Supplement Facts

Serving Size 1 Packet (14.83 Grams)
Servings Per Container 15

1 packet contains	Amount Per Serving	%Daily Value
Calories	60	
Total Carbohydrate	12 g	4%*
Dietary Fiber	9 g	36%*
Soluble Fiber	5 g	
Sugars	3 g	**
Protein	0.5 g	
Calcium	30 mg	3%
Iron	1.5 mg	8%
Proprietary Blend	13.73 g	
Organic Psyllium Husk Powder		**
Whole Grain Brown Rice Sweetener (Organic)(Oryza™)		**
Psyllium Seed Powder		**
Rice Bran		**
Apple Pectin		**
Fig		**
Prune		**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established

Other Ingredients: Natural Apple Cinnamon Flavor (msg free), Silicon Dioxide, and Stevia Leaf Extract.

Ortho Molecular Products, Inc.
1991 Duncan Place, Woodstock, IL 60098

LEARN MORE ABOUT US AT
OrthoMolecularProducts.com

Organic Oryza™ Whole Grain Brown Rice Sweetener is a trademark of Axiom Foods.

Product #608015

Two Types of Fiber, Multiple Health Benefits

SOLUBLE FIBER	INSOLUBLE FIBER
• Dissolves in water to slow the absorption of sugar which helps maintain healthy blood sugar levels†	• Adds bulk to the diet to help maintain bowel health and regularity†
• Binds to cholesterol to support healthy cholesterol levels†	• Provides gentle relief for occasional constipation†
	• Eases the movement of food through the digestive system†

Fiber Plus

The ideal way to achieve greater fiber intake with a balanced ratio of soluble to insoluble fiber

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.