



bringing wellness to the world since 1969

Lemon Flavor Omega-3 Fish Oil & Vitamin D

180 mg EPA
120 mg DHA
25 mcg Vitamin D
Dietary Supplement

**Molecularly
Distilled
for Purity**

60 softgels

- DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
- STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE: As a dietary supplement, take one softgel two times per day with food and water.

WARNING: Consult your healthcare provider before use if you are taking a blood-thinning medication.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Calories	10
Total Fat	1 g 1%†
Saturated Fat	0.5 g 3%†
Trans Fat	0 g *
Polyunsaturated Fat	0.5 g *
Monounsaturated Fat	0 g *
Cholesterol	5 mg 2%†
Vitamin D-3 (as cholecalciferol)	25 mcg 125%

Omega-3 Fish Oil 18/12 (GMO free) (menhaden)	1,000 mg *
EPA (eicosapentaenoic acid) as triglyceride (TG)	180 mg *
DHA (docosahexaenoic acid) as triglyceride (TG)	120 mg *

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water, natural lemon oil, vitamin E (from mixed tocopherols). Contains fish (menhaden).

MADE IN CANADA

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