

Coenzyme B-Complex contains essential B Vitamins in its active, "coenzymated" form. This complex that you've known and loved for over 15 years includes Methylfolate (Quatrefolic®) – the most advanced form currently available. And as always, you don't need to worry about the typical Vitamin B taste or odor.

**** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO YEAST, WHEAT OR SOY
YES CERTIFIED VEGAN BY THE AVA	NO MILK OR SUGAR
YES RECYCLABLE PACKAGING	NO PRESERVATIVES
YES MANUFACTURING SUPPORTS WIND POWER	NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
YES KOSHER	NO MAGNESIUM STEARATE

This product has been manufactured at a GMP Registered facility. Quatrefolic® is a registered trademark of Gnosis, SpA. Covered by one or more claims of U.S. Patent # 7,947,662 CAS# 1181972-37-1

Lot No:

Best by:

04617N1



Dietary Supplement **240** Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country
Life**

COENZYME B-COMPLEX CAPS

Certified Gluten-Free

- With (6S)-5-Methyltetrahydrofolate
- Supports Energy**

Directions: Adults take one (1) to two (2) capsules daily, preferably before or between meals. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 capsules Servings Per Container 120		
Amount Per Serving		% Daily Value
Thiamin (vitamin B1) (as thiamine hydrochloride, thiamine cocarboxylase chloride)	50 mg	3,333%
Riboflavin (vitamin B2) (as riboflavin, riboflavin 5' phosphate)	50 mg	2,941%
Niacin (as inositol hexaniacinate)	100 mg	500%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate, pyridoxine alpha-ketoglutarate hydrochloride)	80 mg	4,000%
Folate (as (6S)-5-Methyltetrahydrofolate-glucosamine salt)	400 mcg	100%
Vitamin B12 (as dibenzoyl, methylcobalamin)	500 mcg	8,333%
Biotin (as d-Biotin)	200 mcg	67%
Pantothenic Acid (as pantothen, calcium D-pantothenate)	50 mg	500%
Inositol (from 130 mg inositol hexaniacinate)	27 mg	*
Phosphatidylcholine (from sunflower lecithin)	36 mg	*
PABA (para-aminobenzoic acid)	50 mg	*
alpha-Lipoic Acid	100 mcg	*
* Daily Value not established.		

Other Ingredients: Cellulose, cellulose (capsule shell), silica, rice bran extract, vegetable glaze, sunflower oil. **CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur. **Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.**

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 6416